



July 12th
"Multiple Choice"
"The Better"

Big Idea: Big Idea: To be a disciple of Jesus is to choose each moment to do the "one thing" that is needed.

Open it: What about this summer has been just like you planned and what has been totally not what you planned?

We are looking at a very familiar story in the Bible today. It is a story of two women and their two completely different approaches to the same situation. Mary and Martha provide for Jesus and us a contrast that we can examine. We will see that the problem for Martha is not her "personality type" but it is her focus and attention to the truly "better" thing. This passage will challenge us to examine our distractions in the light of the call to be a disciple of Jesus.

Dig it: Read Luke 10:38-42.

1. Who do you most resemble in this story? Mary or Martha and why?
2. Luke describes Mary as one who "sits at Jesus' feet." What does this mean? Is Mary just goofing off or is there another purpose in her action?
3. Why is Martha upset? How does she get that way? Can you describe that process?

Reflect on it:

1. The Bible says that Martha got "distracted." What is the difference between being disobedient and being distracted?
2. How do you become distracted?
3. The big idea indicates that we need to the "one thing" that is needed at each moment. What are some of the things you think God has called you to do but you have been distracted?
4. In the lesson this week there were two questions posed to indicate our "spiritual gauges." Lets finish our time answering these questions.
 - Am I worried and easily discouraged?
 - Am I easily angered?

How is your answer to these questions related to your level of distraction from being "at the feet" of Jesus?

DO it:

Pray, as a group for each person in the group to be choosing to do the "one thing" needed in every situation and for to discern our distractions.

