



DELTA
GROUPS
March 29th
"Worried"
"Devotion Transfer"

Big Idea: Shift our Devotion; reduce our worry.

"God love me more than the birds." That sentence seemed to be the one that many people took from last week's lesson. It is the reminder Jesus gave us in the sermon in Matthew 6. The section of scripture we have been looking at the last two weeks in most Bibles is simply titled "Worry." Jesus does use the topic of worry but His emphasis is Discipleship. He uses worry as an example of how His followers express their walk with God. Our worry is tied to our faith. This week we will discuss the solution to worry specifically in verse 33. The solution is found in surrender to his His will.

Open it: When the weather warms up (and it will???!!!!) what are some of the activities you will be enjoying?

Dig it: Read Matthew 6:24-34

1. Verses 31-32. How can our lives be distinct from those who do not know God when it comes to worry? Is it?
2. Verse 33. This famous verse gives us the answer to worry. What is the difference between seeking God and seeking God first?
3. What are some of the implications of seeking God first in your life?
4. What is the significance of the promise of "all these things will be given to" coming after the challenge to seek God first?
5. Verse 34. As we can see the phrase "one day at a time" did not begin with AA. It is a Jesus principle. What are some valuable lessons we can learn by living "one day at a time? Can you think of times when you lived this principle? Can you think of times when you did not? What did you learn?

Reflect on it:

1. This week we were given this challenge: To become extraordinary followers of Jesus we need to grow from "I believe that" to "I trust in."
2. How does that happen? Can you think of a time or circumstance where you had to grow beyond an "I believe that" faith to live an "I trust in" faith?

Do it:

1. How can the group help you live out "Seeking First God?"
2. Pray for each other's needs and the needs of those the group is seeking?

